

# 3-C Con 2010

January 8 - 10, 2010

Tagore Hall, Ahmedabad, India

## Program Update



Organized by



**The Heart Care Clinic**

Care Cardiovascular Consultants

# Organizing Committee

## Conference Chairman



Dr. Keyur Parikh  
(M)+91-98250 26999

## Chair, Scientific Committee



Dr. Milan Chag  
(M)+91-98240 22107

## Conference Directors & Co-Ordinators



Dr. Hemang Baxi  
(M)+91-98250 30111



Dr. Anish Chandarana  
(M)+91-98250 96922



Dr. Ajay Naik  
(M)+91-98250 82666



Dr. Satya Gupta  
(M)+91-99250 45780



Dr. Gunvant Patel  
(M)+91-98240 61266



Dr. Urmil Shah  
(M)+91-98250 66939



Dr. Joyal Shah  
(M)+91-98253 19645



Dr. Mihir Tanna  
(M)+91-98242 14770



Dr. Jayesh Bhanushali  
(M)+91-98790 48387



Dr. Ravi Singhvie  
(M)+91-98251 43975



Dr. Dhiren Shah  
(M)+91-98255 75933



Dr. Niren Bhavsar  
(M)+91-98795 71917

## Message from the desk of Chairman - Scientific Committee

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Dear Friends,

It gives me immense pleasure to invite you to the 3-C Con 2010.

To have a successful gathering every year is a great task. And it has been possible only due to your enthusiastic participation.

We feel privileged to host such a distinguished gathering including eminent international faculty members.

Our faculty, international and national, add to the aura of your respected gathering. Their esteemed presence helps in invigorating and furthering the learning process.

Learning is a continuous process and it is our endeavour to match your expectations each year.

Like every year, the focus at 3-C Con 2010 will be on evidence based clinical cardiology with highlights ranging from molecular and genetic basis of diseases to latest innovations in field of cardiology.

We are confident you will find this conference as stimulating and educative as always. Because it is your participation, that ensures the success of this conference and instill in us the confidence and motivation to always better ourselves every year.

Dr. Milan Chag

Chairman, Scientific Committee



## International Faculty

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### Dr. Nilesh Balar, MD, FACS **USA**



Chief of Vascular Surgery, Montefiore Medical Center North Division. Associate professor of Surgery, New York College of Medicine. Specializes in Peripheral arterial disease, Aortic Aneurysm, Venous Disease . Authored many articles and involved in research trials.

### Dr. Shmuel Banai, MD **Israel**



Director, Interventional Cardiology, The Tel Aviv Souraski Medical Center, Israel. Studied Medicine at the Hebrew University Hadassah Medical School, Israel. Post Doctoral Basic Research in Cardiolgy at National Institute of Health, National Heart, Lung and Blood Institute, Cardiology Branch, Section of Experimental Physiology and Pharmacology, Bethesda, Maryland, USA. Won many prizes and citations like The Henry Neufeld Prize for the most original research work, Citation by the Faculty of Medicine, The Hebrew University - Hadassah Medical

School for excellence in teaching.

### Prof. J. B. Dahm, MD **Germany**



Prof. Dahm is Director of the Department of Cardiology & Angiology at the Heart & Vascular Center Neu-Bethlehem in Gottingen, Germany and Director of the Core Laboratories, Genae Associates and Imaeon Core Labs.

### Dr. Rajesh Dave, MD, FACC, FSCAI **USA**



Dr. Rajesh Dave, Chairman of Endovascular Medicine, Pinnacle Health Heart and Vascular Institute at Harrisburg Hospital. Dr. Dave joined Associated Cardiologists, P.C. in 2001. Basic Medical education from Saurashtra University, M. P. Shah Medical College, Jamnagar. He is Director of Central PA CV Research Institute. He is also the director of C3 conference at Baltimore.

### Prof. Anthony Gershlick, H. B. Sc., MBBS, FRCP **UK**



Consultant Cardiologist and Honorary Senior Lecturer at the University Hospitals of Leicester, UK. Dr Gershlick maintains a significant research interest, publishing extensively in the area of vessel wall/blood interactions, especially those that occur following percutaneous coronary intervention. He has an international reputation evidenced by requests to sit as faculty member on up to five international meetings per year. He is a council member of the British Cardiac Society (BCS), Chairman of BCS working group and is Chairman of the Local Cardiovascular Programme Board.

### Dr. Ashit Jain, MD **USA**



Dr. Ashit Jain graduated from the College of Medical Sciences, University of Delhi, India in the year 1981. He practices Cardiology, Internal Medicine and Interventional Cardiology in Fremont, Hayward, Milpitas, and San Leandro, California, U.S.A. He has hospital affiliations with Washington Hospital, St. Rose Hospital in U.S.A. He is involved in many clinical research trials and many of them are ongoing. He is a pioneer in Carotid Interventional

Program in the Bay area.

## International Faculty

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### Dr. Saibal Kar, MD, FACC USA



Director, Cardiovascular Intervention Center & Research and interventional cardiologist at Cedars-Sinai Medical Center, Los Angeles. Assistant Professor at the David Geffen School of Medicine at the University of California, Los Angeles. Special expertise in valvuloplasty & CHD Research. Has done original work on newer drug-eluting stents for the prevention of restenosis of coronary stents. Has recently developed a new drug-eluting stent, which is being used in a clinical trial in Germany.

### Prof. Chaim Lotan, MD, FACC, FESC Israel



Prof. Lotan is the Chairman of the Committee for Certification & Licensing of Coronary Stents in the Israel Ministry of Health. He has participated in various research projects and initiated and directed many study protocols, and continues to do so. He has served as Chair of the National Cardiology Boards Examination Committee. He was appointed Head of the Heart Institute in Hadassah University Hospital in Ein Kerem, Jerusalem in September 2000.

### Dr. Kamlesh Pandya, MD USA



Practicing Pulmonologist and Critical Care Specialist since 1990's in Central Florida. US Board Certified in Internal Medicine, Pulmonary Medicine, Critical Care Medicine and Sleep Medicine. Specializing in the Treatment of Sleep Disorders. Clinical Assistant Professor at Florida State University Medical College. Expert in Interventional Bronchoscopy.

### Dr. Nitin Parikh, MD USA



Practicing gastroenterologist with Florida Hospital Fish Memorial. He completed internal medicine residency and gastroenterology fellowship at Wayne State Medical School in Detroit, Michigan. Dr. Parikh is the only gastroenterologist in the tri-country area with advanced therapeutic endoscopic and ERCP training. He is skilled in the diagnosis and treatment of polyps, bile duct and pancreatic problems and disease. His interventions can often halt the progression of certain cancers.

### Dr. Bimal Shah, MD, MBA USA



Dr. Shah graduated from Stanford University Hospital And Clinics and did his fellowship in Cardiology from Duke University Medical Center, North Carolina. He is at present working with Duke University, Duke Institute for Clinical Research. He has been awarded by Stanford University Excellence in Research by Housestaff Award (2005), Dean's Recognition Award (2002) by Duke University School of Medicine, Cigna Excellence Award (2001), etc.

### Dr. Vinod Shah, MD USA

He is new AAPI President. Dr. Shah is an active member of AAPI since many years and has served the association in various capacities. He is Chairman & CEO of a multi-specialty group of 95 physicians in Maryland. He is very active in Rotary Foundation, local schools, colleges, hospitals and other charitable organizations in the US and India.

### Prof. William Wijns, MD, FESC Belgium



Co-Director, Aalst Cardiovascular Centre, Belgium. Distinguished Cardiologist Scientist. Vice-President, External Relations, ESC, Board Member of the World Heart Federation, Representing the European Society of Cardiology. Has over 150 publications in peer-reviewed journals. He is on the Editorial Board Member for European Heart Journal, Dialogues in Cardiovascular Medicine, International Journal of Cardiac Imaging, International Journal of Cardiac Interventions, Italian Heart Journal. Member of Scientific Societies like Belgian Society of Cardiology, American Heart Association (Fellow Circulation Council), Belgian Working Group on Interventional Cardiology (Board), French Society of Cardiology (Membre Etranger), Euro PCR (member of Board Directors) Member of Legal Authorities like National Peer Review Council for Cardiology (Moniteur Belge since March 2000).

## The Heart Care Clinic Faculty

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### Hemang Baxi, MD, DM

Interventional Cardiologist, Director, The Heart Care Clinic. Post Graduate in Medicine (B J Medical College, Ahmedabad). Former Research Fellow at Institute of Cardiology and Research Center, B.J. Medical College, Ahmedabad, Gold medal in Doctorate of Medicine (DM). Has authored many research papers and has extensive teaching experience in the fields of clinical, invasive and interventional cardiology.

### Niren Bhavsar, MD

Cardiac Anaesthetist, Director, The Heart Care Clinic. Graduate and Post-graduate (MD) in Anaesthesiology from M.P. Shah Medical College, Jamnagar. A part of the pioneering team in India in developing surgical ventricular restoration and Heart Failure surgery. Special interest related to Heart Failure and Valve repair surgeries. Specialist in peri-operative intensive care as well as total cardiovascular critical care support in cardiology. Part of various national and international publications. Also a part of many research projects.

### Milan Chag, MD, DM, DNB

Managing Director, The Heart Care Clinic. Adult, Congenital and Structural Heart Disease intervention specialist. Recipient of National Merit and Post-graduate Merit Scholarships - had extensive training at India's most prestigious institute namely Jaslok Hospital and Research Center, Mumbai, Christian Medical College, Vellore and Sanjay Gandhi Post-graduate Institute, Lucknow. He is the first cardiologist from Gujarat to possess two highest degrees in cardiology - DM and DNB. He is one of the most versatile and one of highest volume Interventionalist of India. With 22 years of experience in Cardiology, he has been appointed as a post-graduate teacher in Cardiology by National Board of Examination - the highest medical education body in India.

### Anish Chandarana, MD, DM

Interventional Cardiologist, Director, The Heart Care Clinic. Brilliant academic record with many gold medals in graduation, post graduation and doctorate. Has been a part of many National & International Research Projects, papers and has extensive teaching experience. Former AP at Institute of Cardiology and Research Centre, Civil Hospital, Ahmedabad.

### Satya Gupta, MD, DM, FIC (France)

Associate Cardiologist, The Heart Care Clinic. Took basic medical education in Rajasthan, did DM in Christian Medical College, Vellore. Completed Interventional Cardiology Fellowship from Pitie - Salpetriere University Hospital, Paris. During fellowship, got trained in radial Angiograms & Angioplasties. Former Tutor in Cardiology and Senior Registrar at Christian Medical College, Vellore.

### Ajay Naik, MD, DM, DNB, FACC

Interventional Cardiac Electrophysiologist and Interventional Cardiologist, Director, The Heart Care Clinic. Born and educated in Mumbai. DM Cardiology at KEM Hospital, Parel, Mumbai. Fellowship in Cardiac Electrophysiology at Cedars-Sinai Medical Center, Los Angeles, California, USA. Several publications in reputed international journals. International & National Faculty for Cardiac Electrophysiology conferences.

## The Heart Care Clinic Faculty

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### Keyur Parikh, MD (USA), FCSI, FACC, FESC, FSCAI

Chairman, The Heart Care Clinic. One of the senior most Interventional Cardiologists of India associated with pioneering invasive and interventional cardiology work in India, doing Cardiac Interventions since 1985 with triple diplomats of Board of Internal Medicine, Cardiology & Interventional Cardiology (having lived in USA from 1982-1995). Awarded the Order of William Harvey by American College of Cardiology in 1991. Awarded the International Service Award by the American College of Cardiology in 2004. On the Faculty at ACC, Euro-PCR, ESC, TCT and CSI.

### Dhiren Shah, MS, MCh

CardioThoracic Surgeon, Director, The Heart Care Clinic. Completed his M.Ch. (C.V.T.S.) from G. B. Pant Hospital, New Delhi with Gold Medal. Has specialized training in Adult Cardiac Disease & Valvular Heart Disease. Has been trained in Mitral Valve Repair under Dr. Alain Carpentier & Dr. Phan, Alain Carpentier Foundation Hospital, Vietnam. Specializes in Heart Failure Surgery. Member of Ethics Committee of Sal Research and Vibgyor Scientific Research. Publications and Abstracts in various journal.

### Joyal Shah, MD

Cardiologist, The Heart Care Clinic. Completed his DNB Cardiology training at SAL Hospital under Dr. Milan Chag. Did MBBS, MD (Internal Medicine) from M P Shah Medical College, Jamnagar, and fellowship in cardiology at Sterling Hospital. Associated as a co-investigator in many clinical research projects. Vast experience in non invasive, invasive and interventional cardiology.

### Urmil Shah, MD, DM

Interventional Cardiologist, Director, The Heart Care Clinic. Over ten years experience in intensive care in Clinical Cardiology, non-invasive cardiac investigations, all Cath Lab procedures. Special interest in Primary Angioplasty. More than 100 national & international publications to his credit; faculty at many cardiac conferences. Awarded fellowship by Cleveland Clinic Foundation, Ohio, USA as International Scholar in Interventional Cardiology Department.

### Mihir Tanna, MD

Cardiologist, The Heart Care Clinic. Affiliated with Sterling & SAL Hospital. Did MBBS and MD (Internal Medicine) from Pramukh Swami Medical College, Karamsad; later completed his cardiology training from Ahmedabad. Associated as co-investigator in several cardiology trials on drugs and devices. Has a vast experience in all invasive and non-invasive procedures.

# Topics of 3-C Con 2010

## Plenary Lectures

- New Targets in Global Cardiovascular Risk Reduction: Considering the Whole Patient
- Controversis in CAD Management- Multivessel Disease - Interventional
- Perspective: The Treatment Pathway Has Changed...For Good !
- Stem Cells in cardiology: is it on horizon or still a dream?
- Clinical Controversies in Interventional Cardiology- DES or BMS
- Anaemia and Mortality in Heart Failure Patients
- Treating the Diabetic Patient With Coronary Artery Disease: From Optimal Medical Therapy to Revascularization
- Cardioprotective strategies to limit reperfusion injury
- Molecular targets in treatment of heart failure: is there hope?
- All chest pains are not cardiac !
- Sleep apnea syndrome and cardiovascular effect of sleep apnea syndrome.

## State of Art

- A to Z : Trials of 2009
- CAD of Indians : its different !
- Upstream Adjunctive Therapy : The importance of Early Timing in treatment of NSTEMI
- Revascularization for Unprotected Left Main Stem Coronary Artery Stenosis: Stenting or Surgery
- Combination Therapy for Mixed Dyslipidemia: Updating our Options
- State-of -the-Art Lectures: HDL-Raising Therapies: Can the Promise Be Fulfilled ?
- Side effects of cardiac pharmacotherapy: How important are they?
- Atherosclerosis: hs-CRP, LDL, Homocysteine or LP(a) ?
- Controversy in CAD management : Should we have courage to practice COURAGE ?
- An integrated pharmaco-invasive strategy after fibrinolysis in acute MI
- How strict should I be for strict diabetes control?
- BMS and DES: What to choose, When?
- Optimal treatment of Carotid Artery Disease
- CPR in 2010
- Antocoagulation - Newer agents in practice & trials
- Pre-Operative Risk Assessment and Risk Reduction before Surgery
- Resistant Hypertension: An Overview of Evaluation and Treatment
- Recent Advances in Cardiopulmonary Resuscitation: Cardiocerebral Resuscitation
- Management of Critical Care Patients

## Debates

- ACS / NSTEMI: - Immediate CAG and revascularization -"Cool" it down and do needful
- LDL goal < 70mg/dl : - Only for high risk patients. - No, it should be for all.
- Multivessel CAD : -CABG in gold standard -No, time is changing in favour of PCI
- Polypill: - For all - No, I will be selective

## Twenty-20 of 2010 ( Rapid Fire )

- ACEI induced cough
- Joint-Pain & bodyache with statins
- Patient with stent need surgery- How to manage antiplatelets ?
- GUCH wants to become pregnant: can she?
- How will I choose BB?
- How will I choose ACEI?
- How will I choose statin?
- How will I choose Thrombolytic?

# Topics of 3-C Con 2010

## Interactive Session

- Interactive ECG
- Interactive Echo - Clips
- Interactive X-Rays
- Radiology of Heart - A forgotten art
- Images in Medicine
- Case Studies: Valvular Heart Disease
- Case Studies: Heart Failure
- Case Studies: Acute Coronary Syndrome
- Case Studies: Dyslipidemia
- Case Studies: Stable Angina
- Case Studies: Severe HT

## ECG and Arrhythmias

- Who must receive ICD?
- ICD/CRT - Which device for which patient of HF?
- VT of "Normal" heart, Scar and ACS: Are they different?
- AF- Current Status of Ablative therapy
- Primary Electrical Syndromes: Recognition & Management

## Congenital, Valvular, Cardiomyopathies

- Devices in congenital heart disease
- Transcatheter valve therapies: 2010 and beyond.
- Stroke, Migraine & PFO: Can device help?
- HOCM : Role of PTSMAs
- Optimal timing for surgery for Chronic MR/AR

## Imaging / Diagnostics

- Nuclear/PET: Perfusion & Metabolism
- Overview of newer cardiac imaging
- Biomarkers and genetics for detection of preclinical cardiovascular disease
- Biomarkers for plaque instability and rupture
- Markers in Heart Failure: Are they important?
- Where CT- Angiography is NOT indicated?
- Imaging of atherosclerosis

## Medicolegals / Group Practice / Management

- Pay for performance : Are we getting our money's worth?
- Protecting Yourself From Malpractice
- Special Malpractice Issues for Cardiologists
- How to Start a group practice ?
- How will I optimally manage my office / practice?

## General Medicine

- Critical Care
- Endocrinology
- Gastroenterology
- Haemato-Oncology
- HIV and Infectious Disease
- Nephrology
- Neurology
- Pulmonology
- Rheumatology
- Sleep Medicine

## Conference Information

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### The Venue:

- The main sessions of 3-C Con 2010 will be held at Tagore Hall.
- The satellite symposium will be held at Inder Residency.
- The Certification Courses will be held at The Grand Bhagwati.

### Official Language:

The official language of the Conference is English.

### Climate:

The month of January enjoys a slightly mild temperature because of cold northerly winds. The temperature ranges between 15<sup>o</sup>C-27<sup>o</sup>C.

### Registration:

Registration form, duly filled and signed, should be sent to The Heart Care Clinic by post. The registration fee can be in the form of cheque or draft in favour of 'Care Cardiovascular Consultants Pvt. Ltd.'

### How to reach Ahmedabad:

The seventh largest city in India, Ahmedabad is well-connected with the rest of the country via a large air, rail and road network.

### By Air

Ahmedabad airport is located 10 Kms north of the city center. Major airlines fly to and fro from the city connecting it nationally and internationally

### Our official travel agents are:

Pathfinders Holidays Pvt. Ltd.  
([pathfinders@planmyholidays.com](mailto:pathfinders@planmyholidays.com)).

### By Rail

Ahmedabad is on the Western Railway network and is well-linked with the rest of the country. The prestigious Rajdhani Express connects it tri-weekly to New Delhi. The Shatabdi Express and Karnavati Express provide convenient daily connections to Ahmedabad from Mumbai.

### Indian Railway Resource :

[www.indianrail.gov.in](http://www.indianrail.gov.in)

### By Road

Ahmedabad has a good road network of National and State Highways. The State Transport Corporation connects it to all the major cities and towns of Gujarat and other states of the country.

### Transport:

Ahmedabad has a very accessible and easy mode of transport available within the city. Transport will be arranged for the delegates from the hotel to the Conference venue.

### Accommodation:

January, being a peak season for NRI tourists in Ahmedabad, hotel rooms need to be booked well in advance.

**You are requested to register early to get better hotel accommodation.**

# Registration Form for 3-C Con 2010

Cheque or DD's to be made A/C payee and in the name of "Care Cardiovascular Consultants Pvt. Ltd." Kindly mail the registration form along with the cheque/DD to our office. All Cash Payment at 'The Heart Care Clinic, Ahmedabad' only.

Modules	Before 15-12-09	Spot Reg. (After 16-12-
(A) Main Conference Module (January 8-9, 2010)	<input type="checkbox"/> 5000	<input type="checkbox"/> 6000
(B) *Certification Courses (January 10, 2010)		
■ Clinical Cardiology	<input type="checkbox"/> 1500	<input type="checkbox"/> 2000
■ Critical Care Medicine	<input type="checkbox"/> 1500	<input type="checkbox"/> 2000
■ General Medicine	<input type="checkbox"/> 1500	<input type="checkbox"/> 2000
■ "CP-QA" Consumer Protection Quality Assurance	<input type="checkbox"/> 1500	<input type="checkbox"/> 2000
■ Nursing & Technician Symposia	<input type="checkbox"/> 300	<input type="checkbox"/> 500
(C) Total (A + B)		
(D) ** Deposit for Hotel Accommodation	<input type="checkbox"/> 3000	
(E) For students doing MD (Medicine) with proof	<input type="checkbox"/> 2000	<input type="checkbox"/> 3000
(F) Foreign Delegates	<input type="checkbox"/> US \$ 300	<input type="checkbox"/> US \$ 500
(G) % Deduction (in case of cancellation)	50 %	No Refund

Prof.    Dr    Mr.    Mrs.    Ms.

First Name : \_\_\_\_\_ Middle Name : \_\_\_\_\_ Last Name : \_\_\_\_\_

Qualification : \_\_\_\_\_

Resi. Address : \_\_\_\_\_ City : \_\_\_\_\_ State : \_\_\_\_\_ Pin Code : \_\_\_\_\_

Telephone (STD Code) (O) \_\_\_\_\_ (R) \_\_\_\_\_ Mobile : \_\_\_\_\_ Fax : \_\_\_\_\_ Email : \_\_\_\_\_

**Payment Details :** Rs. \_\_\_\_\_ Rupees in word : \_\_\_\_\_

Draft/Cheque No. \_\_\_\_\_ Bank \_\_\_\_\_ Dated \_\_\_\_\_

If you want hotel accommodation?  Yes  No (If yes, Rs. 3,000/-)

(The accommodation package is priced at Rs. 3,000/-)

\_\_\_\_\_  
Signature

\* Choose any one certification course, \*\* Hotel Accommodation is optional. If you have applied for accommodation, please send a separate deposit cheque of Rs. 3000 to cover the cost of your stay for two nights. Due to limited seating in various venues, register early to avoid disappointment.

For any Hotel Booking and Accommodation query kindly contact through email : [3con.ccc@gmail.com](mailto:3con.ccc@gmail.com)

## 3-C Con 2010 Grantor Acknowledgment

- |                              |                  |         |
|------------------------------|------------------|---------|
| ■ Astrazeneca                | ■ Lupin          | ■ SUN   |
| ■ Cadila                     | ■ Medtronic      | ■ USV   |
| ■ Cordis - Johnson & Johnson | ■ Novartis       | ■ Zydus |
| ■ Glaxosmithkline            | ■ Sanofi Aventis |         |
| ■ Intas                      | ■ Serdia         |         |

Conference Secretariat



**The Heart Care Clinic**

Care Cardiovascular Consultants

If not delivered, please return to:

3-C Con 2010

The Heart Care Clinic, 201, Balleshwar Avenue, Opp Rajpath Club,

S. G. Road, Bodakdev, Ahmedabad-380015

Phones : +91-79-26873101, 26871564, 26873224, 26873325

Mobiles : +91-98250 66664, +91-98250 66668

Email : [3con.ccc@gmail.com](mailto:3con.ccc@gmail.com)

[www.indianheart.com](http://www.indianheart.com)